

Oquirrh Mountain Girls
Softball Association
Annual Parent Meeting

MARCH 9TH 2026

OMGS MISSION STATEMENT

To provide a quality recreational softball program by teaching the fundamentals of softball in a safe and enjoyable atmosphere. To provide opportunities to improve softball skills and learn the value of good sportsmanship while enhancing self-esteem.

Number of teams: 2026

56 Teams

players

8U 195 Players --15 Teams

10U 156 Players--12 Teams

12U 143 Players--11 Teams

14U 72 Players--6 Teams

18U 78 Players--7 Teams

Tee Ball 45 Players--5 Teams

**State of the
Association**



March	9 (Mon)	<u>Coaches Meeting</u> –6:30 PM to 9:00 PM –Mandatory meeting for all coaches and assistant coaches. PreSeason Practice times will be available to sign up starting at 6:00 PM <u>OMGS Coaches Clinic</u> — <u>Annual Meeting</u> – Members of the 2026 Season Board will stand for election. The members of the Board of Directors wishing to continue to serve, plus any additional nominations at large shall be considered by the membership. Each nominee must express a willingness and ability to serve in writing three (3) days before this meeting. All Board Members must submit to a thorough background check. Proxies shall not be allowed. NO CHILDREN!!! Location: Scheels Sandy
March	16 (Mon)	Parent Meeting at 6:00 - 9:00 PM Mandatory for Team Parents, First Time OMGS Parents, Scorekeepers Scorekeeping, Clinics, etc. (NO CHILDREN - NO FOOD OR DRINK) Highly recommended for scorekeeping training!!! Location: Scheels in Sandy
April	4 (Sat)	Centennial Park Clean-up Day – 9 am-12 pm Address: 13000 South 2700 West, Riverton, UT 84065
	6 (Mon)	OMGS Season Begins
	18 (Sat)	All-Star Coach Requests Due – turn in at Snack Shack or to any Board Member
	21 (Tues)	All-Star Coaches to be selected and contacted
	25 (Sat)	All-Star Player Nominations Due
May	2 (Sat)	All-Star Try-Outs – Rain or Shine at Centennial Park 8U / 10U – 9am-12pm and 12U / 14U / 18U – 12:30pm-3:30pm

BACKGROUND CHECK: The head coach and all assistant coaches must fill out a background check release form (online). Please go to ***d1-prospects.org*** to get this done as soon as possible, once you have completed the background check then you will receive an email with the link to the child protection training you will need to complete. These have to be completed before the season begins and all coaches that intend to be on the field or in the dugout will need to complete this.

ADDITIONAL REQUIREMENTS: OMGS requires that an adult female 21 years old or older, whether she's a coach, team mom, or parent, be present at all practices and games. Also, we encourage all coaches NOT to take any player to or from a practice or game. Coaches are responsible to teach girls the basic softball skills of throwing correctly, hitting, base running, fielding, catching, and defensive positioning. More advanced skills may be taught if desired. The Board also strongly suggests that coaches take advantage of the internet, information posted on the OMGS website, and coaching clinics held around the valley.

Practices/ Schedules/ Games

The 2026 OMGS Season lasts ten weeks and is scheduled to begin **Monday, April 6**, and end **Saturday, June 6**. Regular season games are to be scheduled, Monday thru Saturday. The 2025 OMGS All-Star season will run from June – August.

It is up to you as a coach to contact your team and schedule practices. Practice sessions may begin immediately (after equipment is checked out) and teams have been assigned. **OMGS expects coaches to schedule two practices a week** (Monday through Saturday constitutes a week) **prior to regular season games and at least one practice each week thereafter, unless the team has three scheduled games in the week.** Coaches are not allowed to practice at a private residence or any church fields, however, coaches must find their own field (check with local school principals – a fee may need to be paid) and set the time for practices. Any field that you practice on in the City of Riverton must be a softball field or have a backstop. Riverton City is trying to eliminate too many different sports from practicing in the same area. **If you are practicing at the Tuscany Field in Herriman or Western Springs in Riverton, you must have a permit form.** Please see Kaye Craghead, OMGS President, for permit forms.

**That concludes our official
annual business meeting....**

**Let's Move onto Coaches
Training**



GENERAL RULES TO LIVE
BY AT **OMGS**

OMGS GENERAL RULES

****Coaches are required to read the D1 Prospect/NFHS Softball rulebook and read and understand the general OMGS rules and special OMGS rules for their particular age group. The NFHS Softball rulebook will govern OMGS games. Only OMGS rules will take precedence over NFHS Softball rules.****

1. Game time is forfeit time.
2. There will be ten defensive players.
3. **No player can sit out for two (2) consecutive innings.**
4. There is open substitution.
5. Teams must bat all team members present.
6. **Regular season games can end in a tie.**
7. If there is less than 5 min. left in a game, no new inning may be started.
8. There must be eight girls present to begin the game (with the exception of T-Ball/6U). If a team plays the game with eight players, an automatic out will be taken for the ninth batter only and not for the missing tenth batter. If a team plays the game with nine players, there is no automatic out.
9. If a player gets injured or sick during a game and is taken out and cannot bat, coaches must inform the umpire. If the team still has nine players without her, then no penalty will be given for her missed at-bats, however, she will not be allowed to rejoin the game. The team must have eight players to finish the game without her or will be required to forfeit.
10. Players may be added to the end of the line up if they arrive after the game has started, but it must be reported to the official Scorekeeper and Umpire or will be considered batting out of order.
11. Players put on the line up must arrive prior to their turn at bat or an out will be taken for that batter each time her name comes up on the official scorebook to bat, until she arrives.
12. The offensive and defensive teams will trade positions upon three outs by the defensive team or seven runs (12U, 14U, 18U), and five runs (8U & 10U) by the offensive team.
13. Line-ups must be entered into the GameChanger app at least 10 minutes prior to the game start time, even if the previous game is running late. .
14. Coaches must meet the umpire at the plate five minutes prior to game time, or as soon as the previous game is over in the case that games are running late.
15. A player must play in at least 75% of her games to be eligible for All-Stars. T-Ball/6U league players are not eligible to play All-Stars.
16. **OMGS has a ZERO tolerance policy for abusive behavior. A coach, player or spectator will not direct a derogatory or abusive remark (including foul language) to another coach, player, spectator or umpire. Actions of this kind will cause the suspension of a coach or player, the ejection of a spectator from the park and/or forfeiture of game if necessary. The ejection will last for the entirety of the day upon which the ejection occurs. If the offense is deemed serious enough, the board maintains the right to consider and vote on additional corrective action.**
17. Positive chants and cheers are encouraged and acceptable. It is not, however, acceptable to chant derogatory chants at the opposing team and especially the pitcher.
18. If a player misses three or more consecutive required practices without good reason, the coach will be allowed to bench the player for one full game with the Board's approval. If she continues to miss practices, this should also be brought to the Board's attention.
19. No team will be permitted to warm up in the infield prior to the game. Teams may warm up in foul territory only.
20. Leading off is allowed after the ball leaves the pitcher's hand.
21. Intentional walking IS NOT allowed in OMGS recreational softball.
22. Metal cleats are allowed only for the 14U and 18U age groups, for both OMGS league and All-Star tournaments. Girls wearing metal cleats in other age groups will be warned by the umpire and only allowed to return to the game after replacing the metal cleats with rubber cleats or other closed-toe footwear.

HOME TEAM: Home teams will be responsible to keep the official score through the GameChanger app. Official scorekeepers must sit as close to the umpire as possible and identify themselves. The official scores will be made available to any of the Board of Directors and All-Star coaches through the app. Visiting teams SHOULD also keep score through the GameChanger app in case questions arise. However, it will be up to the umpire(s) to make the final call. PLEASE CLEAN UP AROUND YOUR DUGOUT AND BLEACHERS. HAVE PARENTS AND KIDS HELP KEEP THE PARK CLEAN! If we don't keep the park clean, we may lose the privilege of using these fields. If everyone cleans up after himself or herself, it will make the job a lot easier. Please help OMGS keep our fields clean.

VISITING TEAM: Visiting teams are **highly encouraged** to keep score through the GameChanger app in addition to the official home team scorekeeper. The visiting team of each game must provide a person 15 or older (ages 12-14 can run the controller with an adult present) to run the scoreboard. It is very easy to operate. PLEASE CLEAN UP AROUND YOUR DUGOUT AND BLEACHERS. HAVE PARENTS AND KIDS HELP KEEP THE PARK CLEAN! If we don't keep the park clean, we may lose the privilege of using these fields. If everyone cleans up after himself or herself, it will make the job a lot easier. Please help OMGS keep our fields clean.

FIELD CONDITIONS AND RAIN OUTS: If there is inclement weather, game cancellations will be emailed to the league and will also be sent out to all of the OMGS coaches as soon as possible. It is each coach's responsibility to check your GroupMe after 4:00 pm on weekdays and before your games on Saturdays. If games are rescheduled, the make-up game day and time will be listed on the website only. Please assume there is a game if there isn't anything posted or you don't receive an email.

MAKE-UP AND INCOMPLETE GAMES: Games that have started and have to be called because of inclement weather or darkness will not be replayed but will be completed at a later date. EXCEPTION: If 75% of the game time has elapsed and the inning is complete, or the home team is ahead and up to bat, the game will become a complete game. If the visiting team is up to bat or the home team is up to bat but not ahead, when the game is called, the score will revert to the last full complete inning. Make-up games or game completions will be scheduled as soon as possible and could be scheduled on Friday and Saturdays. If games are rescheduled, the make-up game day and time will be listed on the website only. Contact your Age Group Director with any questions.

It is quite possible to have more make-up games than days available to make them up. If this should happen, please expect to play a double header, play at a different location, or to not have the game made up at all.

TIE GAMES: Games that are tied when time has expired and the inning has been completed will remain a tie. Each team will be given 1/2 game in the standings. EXCEPTION: A coin toss may be used to determine a winner in games where the score is tied and there is no time to complete the game, such as a year-end tournament game, including the championship or IF game.

YEAR-END TOURNAMENT: A double elimination year-end tournament will be held for each age group (except T-Ball). Teams will be seeded based on their final regular season standings.

*****The rules for Year End Tournament are slightly more stringent than regular season so please make sure to read through the rules posted on the website for the Year End Tournament.

Tie Breaker for Tournament games: if a game is tied after game time has expired; the International Tie Breaker Rule will go into effect for ONE inning after time has expired. IF still tied after tie breaker inning, winner will be determined by amount of put outs made, then amount of hits made. A coin toss may be employed if the score remains tied and it is unsafe to continue playing due to DARKNESS or weather.

The first tie breaker inning will start with the last two batters from the previous inning at second and third base.

8U SPECIAL LEAGUE RULES:

- 1) A girl cannot play down an age classification. Girls allowed in this age group must be eight (8) years old or younger prior to Sept 1 the previous year.
- 2) The eleven-inch ball will be used. NO NEW INNING AFTER 55 MINUTES.
- 3) The pitchers plate will be at 35 feet, bases will be at 60 feet.
- 4) The offensive and defensive teams will trade positions upon three outs by the defensive team or five runs by the offensive team.
- 5) All players will play defense each inning. Six players will be in the infield, placed in standard infield positions, the remaining players will play outfield (grass). The infield is defined as the area on the diamond inside the baselines. For safety reasons, all players MUST start positioned behind the 35-foot arch line until after the batter has hit the ball. The outfield arch for defensive player placement purposes will be on the grass part of the diamond. Umpires judgment will be used regarding whether the ball is in the infield or outfield for base running and time out situations.
- 6) One defensive coach will be allowed on the field (in the outfield-on the grass) for instructional purposes only. Defensive coaches are encouraged to stay off the field during the second half of the season or if they are asked to at any time by the Board/Umpire. If the coach intentionally touches the ball while it is in play, or causes a defensive player to move by physical contact, the batter-runner will be awarded the base she is running to plus one additional base. If this happens again, the coach must leave the field. No defensive coach will be allowed on the field during the year-end tournament.
- 7) A coach will pitch the ball (underhand) to his or her own team. The pitcher/coach must remain in contact with the pitching rubber while pitching.
- 8) If the pitcher/coach intentionally interferes with a batted ball or a play, the batter-runner will be called out and all runners will return to the base occupied at the time of the pitch. If this happens again the coach must leave the field. If the ball hits the pitcher/coach while they are getting out of the way, the ball is live and playable.
- 9) The pitcher/coach may only talk to the batters or runners between pitches. (No live ball coaching from the mound.) Talking may occur while the pitcher is waiting for the ball to be thrown back to them from the catcher. There must be no delays in catching the ball from the catcher to allow for coaching from the mound. Use your base coaches to talk to the runner(s) and batter(s).
- 10) The pitcher/coach or base coach may not physically help the runners to stop or go. Runners who are contacted in this manner will be called out.
- 11) A batter will receive five pitches. Five un-hit pitches or three strikes will constitute an out. A foul ball on the third strike or fifth pitch will not be an out. If a batter after fouling off pitches lets a pitch go by, then the batter will be out. There is no dropped third strike rule. Walks are not allowed.

8U CONTINUED

- 1) Batters may advance one base on a ball hit in fair territory in the infield. That batter and any additional base runners may also advance one additional base on any misplayed ball or overthrow (such as a throw or running to protect a base) at the runner's own risk. After the first defensive play and subsequent advance, runners may not advance further until the next hit ball even if another defensive play or misplayed ball is made. A two base advance will be the maximum bases allowed on a ball that stops or is stopped in the infield and overthrown. The runner can not advance to home on any overthrow.
- 2) Runners may advance to home base on only plays as a result of a hit ball. For example, if a runner is on 2nd base and is hit to 3rd base and then the ball is overthrown or misplayed, the runner may not advance home.
- 3) Players may advance more than one base at their own risk on any ball batted into the outfield until the ball has been thrown to the infield. **The infield is designated as the base line between bases.** The ball then becomes dead and the runner or runners are stopped at the base they are going to. Players who must return to a specific base will do so after time is given. If a play is made on a runner after the ball has been returned to the infield and the ball is misplayed, the runner is allowed one base from 1st to 2nd or from 2nd to 3rd. If there is a runner on 3rd who is not allowed to advance home, then the runners may not advance past 3rd base. Only one overthrow/misplayed ball per batted ball allowed.
- 4) Stealing is not allowed. Runners may not advance on a wild pitch, a passed ball, or throw back to the pitcher.
- 5) The infield fly rule will be eliminated.
- 6) **NO intentional bunting is allowed.**

Most Common

Misunderstandings in 8U

Leading Off Before Pitch is thrown.

If player has already started to go to the next base before the ball is in the baseline, that player has the right to the next base and will not be sent back.



8U Umpires
Board Member:
Brooke Olsen

T-BALL/6 & UNDER SPECIAL LEAGUE RULES:

- 1) Girls allowed to play in this age group must be three (3) years old through five (5) years old prior to Sept 1 the previous year.
- 2) The eleven-inch safety softball will be used. Game length will be 60 minutes or three innings.
- 3) Bases will be at 55 feet.
- 4) Games will start at game time regardless of how many girls are there for each team. **No score will be kept.**
- 5) The offensive and defensive teams will trade positions after the offensive team's entire lineup has batted. Players may advance one base on a ball hit, the last batter and base runners will run until all have crossed home plate.
- 6) **All players will play defense each inning.** For safety reasons, all players MUST start positioned behind the 35-foot arch line until after the batter has hit the ball.
- 7) A coach will pitch up to five (5) balls to each batter. If the batter does not hit the ball, then the coach will place the ball on the tee and will be allowed three (3) swings off the tee. There are no walks allowed.
- 8) Only three (3) coaches will be allowed on the field.

10 & UNDER SPECIAL LEAGUE RULES:

1. A girl cannot play up or down in this age classification. Girls allowed in this group must be nine (9) or ten (10) years old prior to Sept 1 the previous year.
2. The eleven-inch ball will be used. NO NEW INNING AFTER 55 MINUTES.
3. The pitchers plate will be at 35 feet, bases will be at 60 feet.
4. The offensive and defensive teams will trade positions upon three outs by the defensive team or five runs by the offensive team.
5. The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
6. Runners may advance as many bases that they would like at their own risk of being put out on an overthrow.
7. The dropped third strike rule applies all season.
8. Stealing 2nd, 3rd, and home is allowed after the ball leaves the pitcher's hand.
9. Coaches may not physically help the runners to stop or go. Runners who are contacted in this manner will be called out.
10. No coach pitch is allowed; girls will pitch per regular NFHS Softball rules.
11. HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.
12. All other NFHS Softball rules will apply.

12 & UNDER SPECIAL LEAGUE RULES:

- 1) A girl cannot play up or down an age classification. Girls allowed in this age group must be eleven (11) or twelve (12) years old prior to Sept 1 the previous year.
- 2) The twelve-inch ball will be used. NO NEW INNING AFTER 55 MINUTES.
- 3) The pitchers plate will be at 40 feet, bases will be at 60 feet.
- 4) The offensive and defensive teams will trade positions upon three outs by the defensive team or seven runs by the offensive team.
- 5) The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
- 6) The dropped third strike rule applies.
- 7) Stealing is allowed after the ball leaves the pitcher's hand.
- 8) HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.

Things to Watch

10U AND 12U
EDITION



The Look Back Rule governs base runners and their actions when a pitcher has control of the ball within the pitcher's circle. It prevents runners from taking unfair advantage by limiting their movement between bases, fostering a more engaging and competitive game.

The **infield fly rule** is a rule of softball that treats certain fly balls as though caught, before the ball is caught, even if the infielder fails to catch it or drops it on purpose. The umpire's declaration of an infield fly means that the batter is out (and all force plays are removed) regardless of whether the ball is caught. The rule exists solely to prevent the defense from executing a double play or triple play by deliberately failing to catch a ball that an infielder could catch with ordinary effort.

Umpire Discussion



14 & UNDER SPECIAL LEAGUE RULES:

- 1) A girl cannot play up or down an age classification. Girls allowed in this age group must be thirteen (13) or fourteen (14) years old prior to Sept 1 the previous year.
- 2) The twelve-inch ball will be used. NO NEW INNING AFTER 65 MINUTES.
- 3) The pitcher's plate will be at 43 feet, bases will be at 60 feet.
- 4) The offensive and defensive teams will trade positions upon three outs by the defensive team or seven runs by the offensive team.
- 5) The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
- 6) The dropped third strike rule applies.
- 7) Stealing is allowed after the ball leaves the pitcher's hand.
- 8) HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.
- 9) Metal cleats are allowed only for the 14U and 18U age groups, for both OMGS league and All-Star tournaments.

18 & UNDER SPECIAL LEAGUE RULES:

- 10) A girl cannot play up or down an age classification. Girls allowed in this age group must be fifteen (15) to eighteen (18) years old prior to Sept 1 the previous year.
- 11) The twelve-inch ball will be used. NO NEW INNING AFTER 65 MINUTES.
- 12) The pitcher's plate will be at 43 feet, bases will be at 60 feet.
- 13) The offensive and defensive teams will trade positions upon three outs by the defensive team or seven runs by the offensive team.
- 14) The outfield arch for defensive player placement purposes will be on the grass part of the diamond.
- 15) The dropped third strike rule applies.
- 16) Stealing is allowed after the ball leaves the pitcher's hand.
- 17) HIT BATTER RULE: If the pitcher hits two batters in the same inning, the pitcher will be warned. If the pitcher hits three batters in the same inning, it will be up to the coach's discretion whether to leave the pitcher in or not. After four hit batters in the same inning, the pitcher must be removed from the pitching position for the inning. The removed pitcher will be allowed to return to the pitching position in the next inning.
- 18) Metal cleats are allowed only for the 14U and 18U age groups, for both OMGS league and All-Star tournaments.

CONCUSSION CONCERNS

Concussions are becoming more prevalent in all sports. You, as a coach, need to make yourself aware of what a concussion is, what the symptoms are, how to prevent and what to do if you suspect a player may have a concussion. All players must have a signed concussion form with their player registration to be eligible to play in any game.

PLAYER ELIGIBILITY

No accelerated team member who is registered or listed on an accelerated roster or team during the same season as OMGS (regular and/or All-Stars) will be allowed to play on any OMGS team, per bylaws Article XI, Registration, #5. This applies to all players and teams who are registered through USA Softball of Utah (formerly ASA) and USSSA. Please contact a board member if clarification or further details are needed.



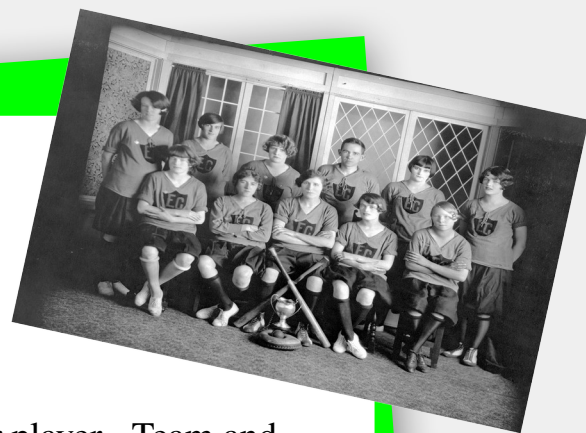
2026 Pitching Clinic

Our pitching clinic will be held at on
March 14th 1-5 PM
March 20th 6-8 PM
March 21st 1-3 PM
March 27th 6-8 PM
March 28th 1-3 PM

Contact Kathy at Kathy@omgsoftball.org for more information.



TEAM AND INDIVIDUAL PHOTOS



The OMGS registration fee includes one free Team Mate photo per player. Team and individual photos are scheduled for April 16th, 20th and 22nd. Allstar Photography will inform each coach of their scheduled picture time. Pictures will be taken (by the pavilion) at Centennial Park as in previous years. Allstar Photography will handle ALL photo schedules, orders, and re-orders or reprints.

MAKE SURE YOU ATTEND CLOSING CEREMONIES TO GET YOUR TEAMS PICTURES!!! YOU MUST TURN IN YOUR EQUIPMENT BAG AS WELL FIRST!

SAFETY

A First Aid kit and ice are available in the snack shack. The Board of Directors recommends that each coach or team prepare themselves with ice packs and band-aids during times when the snack shack is not open. If any player is bleeding during practice or a game, it must be bandaged up (no visible blood) or she will not be able to continue.

- **BATTING HELMETS:** Batting helmets, with masks, must be worn by any girl batting or running bases during a practice, practice game, or game, and cannot be removed until the girl enters the dugout area.

CATCHER'S HELMETS: A catcher's helmet and mask must be worn by any girl to warm up a pitcher. Full catcher's equipment must be worn by the catcher during any game, including practice games.

Player Face Mask: OMGS requires that all infielders wear a face mask.

INSURANCE

SECONDARY INSURANCE: OMGS will carry a secondary medical insurance. The insurance will pay after the family's primary insurance has paid. The insurance will also have liability coverage for the Board Members, Coaches, and Umpires.

CLAIMS: Please contact a member of the OMGS board immediately if an injury occurs.

SNACK SHACK

There will be a minimum of one Board Member present each night. Your team will be responsible to provide **ONE volunteer** to work the BBQ for your teams scheduled time(s). Volunteers must be at least 18 years of age and be willing to run the **BBQ**. Your scheduled time(s) will be sent out by email to the Head Coach and Team Parent only so please make sure you pay attention to that. The snack shack schedule will not conflict with your regularly scheduled games and Saturday's schedules will be split between multiple teams.

***The snack shack is just that. The people working at the snack shack generally have no idea about what is happening on the fields or where things are that are not food or drink related. Please do not ask the snack shack for line up cards, pens or pencils, or towels. These have all been provided to you as a gift so you should be able to have those items at the ready.

Board members are always around so find one of us for any questions or concerns.



Play Like a GIRL Sportsmanship Program

Grit • Integrity • Respect • Love for the Game

What it is:

A weekly program recognizing players, teams, and coaches who exemplify effort, character, sportsmanship, and positive impact not just wins.

Weekly Recognition:

- 🧑 1 Player per division
- 🏆 1 Team league-wide
- 🧑 1 Coach league-wide

Rewards:

All recipients are entered into a raffle for prizes like tickets, league swag, and custom gear.



Builds confidence, strengthens team culture, highlights role models, and celebrates what it truly means to Play Like a GIRL



COACHES CLINIC

MARCH 14TH, 2026 | 10AM

CENTENNIAL SOFTBALL FIELDS

FOR ALL COACHES & ASSISTANTS

LEARN & IMPROVE YOUR SKILLS!

- **PRACTICE PLANNING**
- **8U PITCHING**
- **DRILLS & MORE!**



FREE EVENT!

HOSTED BY OMG SOFTBALL

AWARDS & TROPHIES

Every OMGS player will receive either a participation or placement Medal at the end of the season. If teams are tied for first or second place in the standings, team vs. team win/loss record will decide placement.

PLEASE NOTE: All equipment is due at closing ceremonies.
Failure to return all equipment or if your team's volunteers fail to work in the snack shack at all during the season will result in the delay of team trophies and pictures.

TENTATIVE TOURNAMENT DATES

*****SINGLE ELIMINATION*****

18U- 5/18, 5/19 Closing Ceremonies

14U- 5/16 Closing Ceremonies

12U- 5/26, 5/27, 5/30 Closing Ceremonies

10U- 5/18, 5/19, 5/26, 5/30 Closing Ceremonies

8U- 5/27, 5/28, 5/30 Closing Ceremonies

TeeBall- 5/19 Closing Ceremonies

ALL THINGS GAME CHANGER!!!!!!

Download Game Changer App, go to + button and Import Sports Connect. Team Should populate, please use this way to ensure game schedules and rosters are correct.

SCHEELS®

gear. passion. sports.



Softball Equipment

OMGS has provided each coach with the following equipment:

Two (2) Batting Helmets with Face Masks,
Two (2) Girls Softball Bats,

One (1) Catcher's Helmet w/Mask (Except T-Ball)
One (1) Set of Catcher's Shin Guards & Chest Protector (Except T-Ball)
6 Softballs (6 softballs only for T-Ball)
Batting Tee (T-Ball only)
OMGS Equipment Bag

New equipment has been purchased for the 2019 season. This equipment belongs to OMGS and as a coach, you are required to sign it out at the beginning of the season and return it at the end of the season. Please make sure your equipment bag has all of the above equipment before you check it out AND before returning it. **ALL EQUIPMENT IS DUE AT CLOSING CEREMONIES. FAILURE TO RETURN ALL EQUIPMENT WILL RESULT IN THE DELAY OF TEAM TROPHIES AND PICTURES.**

BROKEN OR DAMAGED EQUIPMENT?: Contact the Equipment Director or any board member to return broken or damaged equipment. It will be replaced for you immediately, if possible.

LOST OR EXCESSIVELY ABUSED EQUIPMENT: The Coach is ultimately responsible for the equipment assigned to him/her and the care of such equipment. The Coach may be required to replace lost or excessively abused equipment. The average cost per bag per team is \$476.00 for 8U through 18U and \$279.00 for 6U T-Ball teams. All-Star equipment bags cost \$541.00 with upgraded equipment and roller bag.

PITCHING MACHINES: There will be pitching machines, cords and special balls available for you to use for practices. Pitching machines may only be used at Centennial Fields. All Board members have keys, so please make arrangements if you'd like to use this equipment. **PLEASE BE CAREFUL MOVING THIS EQUIPMENT as you will be responsible for any damage.**

UNIFORMS

The league provides a uniform shirt and socks. There will be NO altering of league uniforms in any way. If your whole team wants to do something special with the uniform shirts, prior approval must be given by the OMGS league president,

Jersey Sizes were included on the roster sent out so if you want to order hoodies now you have the sizing, numbers start at the smallest and the largest is the largest number.

TEAM TREATS

Team treats are at the mercy of the team. You can organize for your team to have treats at the end of each game, day or not at all. The league does not provide any treat sticks.

GENERAL PARENT MEETING

Monday March 16th 2025

Sandy Scheels

6:00 PM

This meeting is **highly encouraged** for at least one Team Parent, coach, and/or scorekeeper from your team to attend. Specific instructions will be given for scorekeeping and 2026 Season Rules expectations and information regarding Clinics, Schedules, Year End Tournament, All-Stars, and Equipment and drills.

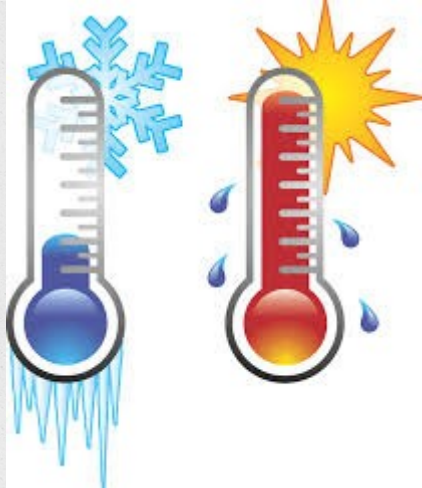
FUNDRAISERS

TEAM FUNDRAISER: Individual OMGS teams will be allowed to do their own fundraiser for sweatshirts, sweatpants or baseball pants, or any other additional apparel or equipment with the Board's approval. Please use the form in the "Additional Information" section in the back of this handbook to report your team's fundraiser to the treasurer, Jason Woodhead. These team fundraisers must go through the OMGS bank account, however, if you do not use all of your fundraiser money appropriately for your team, it will then be deposited in the general funds for OMGS. Head coaches will be held accountable for the funds raised and used by their team. Reminder: OMGS is a non-profit, tax-deductible organization for all donations.

Sweatshirts/Bows

Sweatshirts and bows are at your discretion. They tend to come in handy at the beginning of the season but are up to you to order and pay for. Bows are fun but are definitely not required!!

There are several coaches who already have contacts for this but if you need help.....



BATTING CAGES & OTHER TEAM ACTIVITIES

If a coach chooses to take their team to batting cages or chooses to have a team party or other team activity, it will be at each individual's own risk. Coaches must notify parents of this and receive the parent or guardian's permission prior to the event. OMGS does not allow practices to be held at private residences. OMGS insurance will not cover batting cage accidents or accidents at a private residence.



Great Tasting Lunchmeat

Please visit the OMGS website, www.omgsoftball.org and click on the Land O' Frost Youth Sports link found on the home page. Land O' Frost will be monitoring parent participation through this link and it will help us receive more money in future years. **Please encourage all your player's parents to visit the link as well.** There is nutritional information, recipes and by signing up you are eligible for valuable coupons.

OMGS has been fortunate again this year to have Land O'Frost sponsor twenty-five (25) teams in the 6U, 8U and 10U age groups. Because of the number of teams they sponsor, the Board has approved for their logo to be printed on uniforms and have their own banner. Sports Imaging Photography will take a special photo of your team, which is separate from the Team Pictures, with their logo showing on the backs of the shirts. Land O'Frost will most likely sponsor the same or more teams for OMGS next year. Land O' Frost has sponsored the league since 2007. Thank you for your support!

Thank you to our other sponsors & supporters:

BSN Sports
Riverton City/Herriman City
Riverton/Herriman Businesses
D1 Softball

Please look over the important dates, individual rules for each age group, and All-Stars in the coaches handbook.

PRACTICE SIGN-UPS





Thank you again for
volunteering to coach! We
truly couldn't do it without
you!

If you have any questions
please let us know!